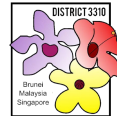


# District Rotaract Training Assembly RY2023-24



## International Service Workshop

By International Service Director Kai Qing



CREATE HOPE  
in the WORLD



## Trainer: DRRE Ng Kai Qing

### Prior Positions Taken:

Community Service Director of Rotaract Club of Raffles City 20/21

Secretary of Rotaract Club of Raffles City 21/22

Treasurer of District Rotaract Committee 21/22

President of Rotaract Club of Raffles City 22/23

### Current Positions:

**RY2023-24 District Rotaract Representative Elect & International Service Director**

### Currently Doing:

Degree in Accountancy – Singapore Management University





## Today's Objective

- 1) Goals for RY2023-24
- 2) Overview of Rotary/Rotaract
- 3) Introduction and The People Around You
- 4) Roles as an International Service Director
- 5) How to Plan a Project





## Goals for RY2023-24

1. Enhance International Understanding and Poverty Awareness
2. Engage and Enhance our partnership with our Overseas Counterparts
3. Conduct and Organise Impactful and Sustainable Projects



# 1

## Overview of Rotary and Rotaract



## The Rotary Mission

- A. provide service to others,
- B. promote integrity, and
- C. advance world understanding, goodwill and peace
- D. through our fellowship of business, professional and community leaders



## What is Rotaract?

Rotaract is a service club for men and women aged 18 and above who are dedicated to finding innovative solutions to the world's most pressing challenges while developing professional and leadership skills.

**Rotaract stands for: Rotary in Action**

**Motto: Fellowship Through Service**



# History

First chartered Rotaract Club is on March 13, 1968: Rotaract Club of North Charlotte

From 1930s to 1950s, there were many youth organisations/clubs sponsored by Rotary Club based on Rotary principles

Many Interactors (Interact was formed in 1962) who reached the age limit of that program, were starting new types of clubs called “Senior Interact”.

In 2019, Rotaract went from being a program of Rotary International to being a membership type of Rotary International, elevating its status to resemble that of Rotary clubs.







# Types of Rotaract Clubs



## Institutional-based

Usually taken as extracurricular activities for self and professional development through service

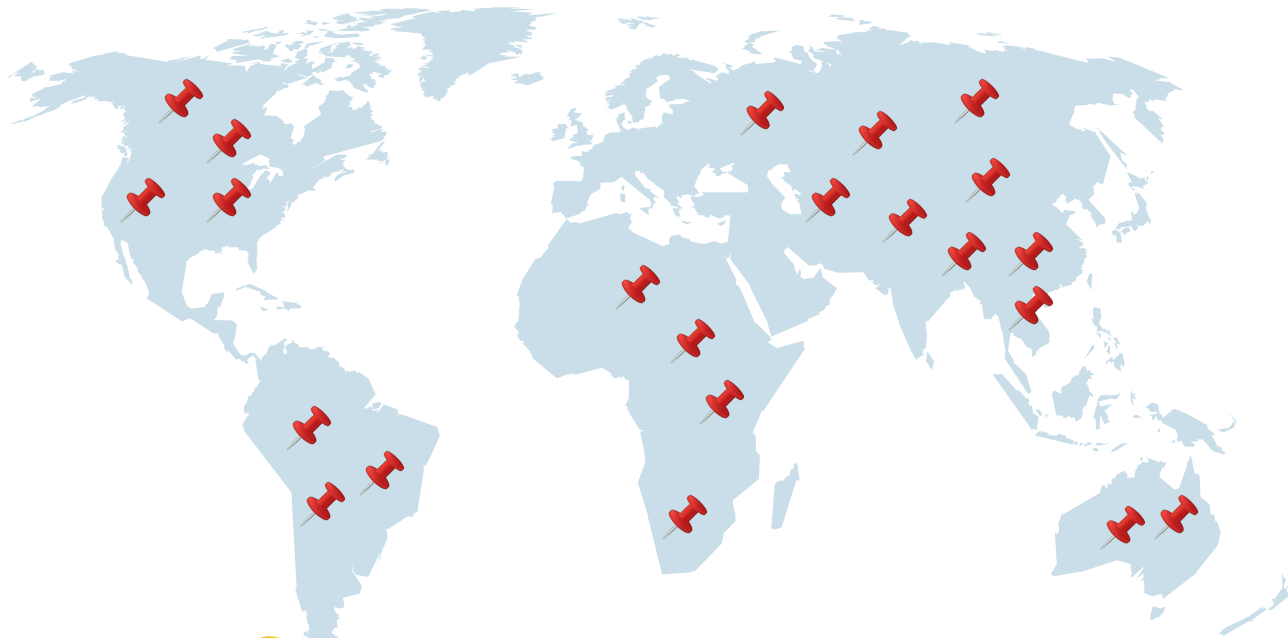


## Community-Based

For youths who would like to have a platform to impact changes in their communities



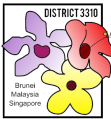
**We have more than 250,000 members  
in more than 10,000 Rotaract Clubs worldwide!**



**Spread Across  
184 countries  
Grouped into  
529 districts**

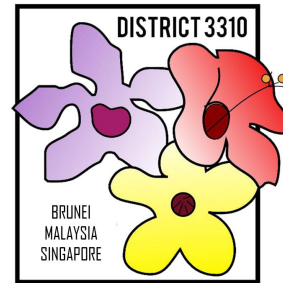
# 2

## About our District and What we do



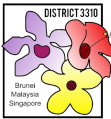
## We belong in District 3310!

- Zone 1: Johor and Melaka
- Zone 2: Sabah
- Zone 3: Singapore
- Zone 4: Sarawak



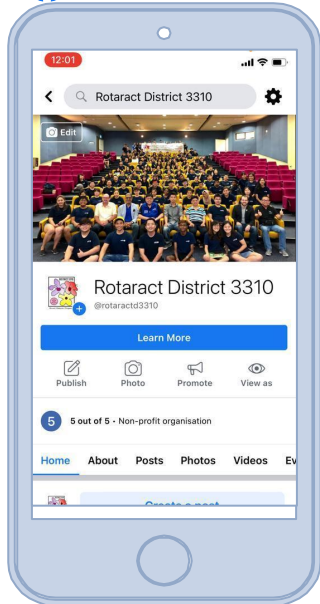
31 Active Rotaract Clubs

Over 3,000 Rotaractors and Alumnis

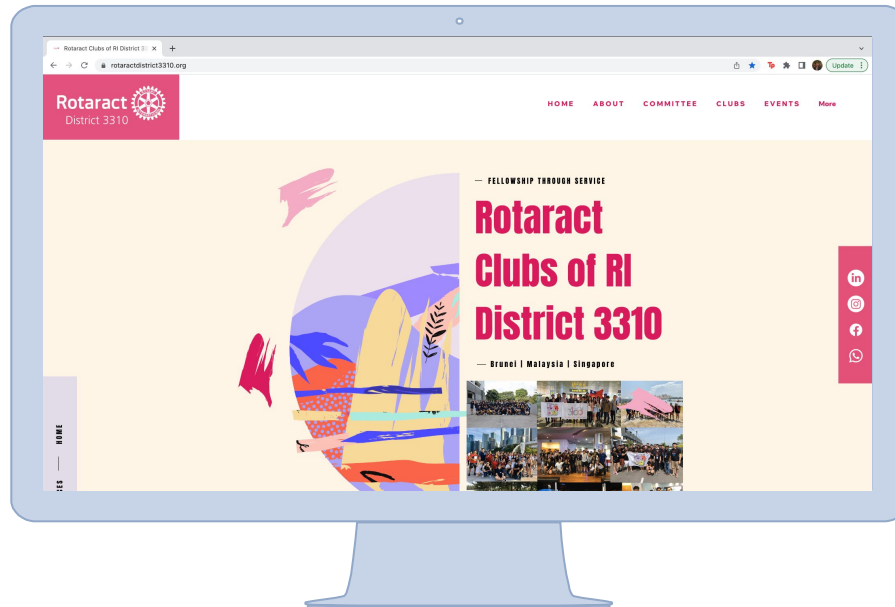


# Our Social Media Platforms!

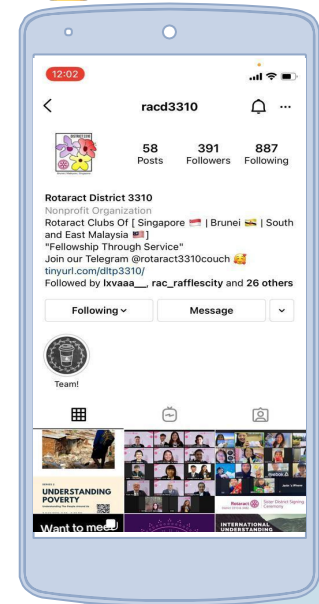
 @Rotaractd3310



[www.rotaractdistrict3310.org](http://www.rotaractdistrict3310.org)

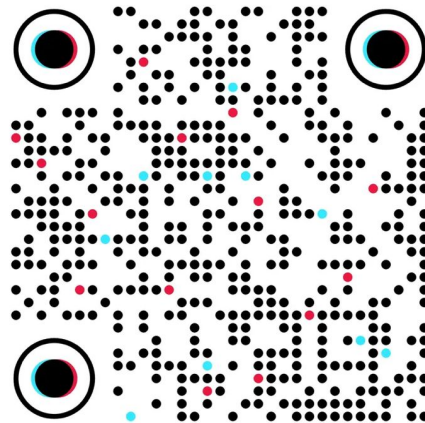


 @racd3310



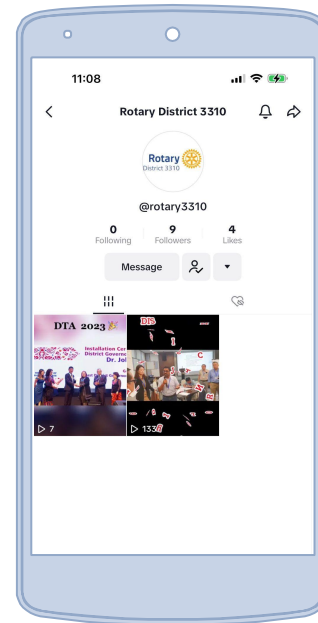


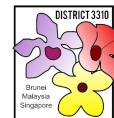
# Our Newest Social Media Platforms!



**@rotary3310**

Rotary District 3310





Zone 1 (Johor, Malacca)	Zone 2 (Sabah)	Zone 3 (Singapore)	Zone 4 (Sarawak)
<u>Community-based</u> <ul style="list-style-type: none"> <li>Bandar Penggaram</li> <li>Johor Bahru</li> </ul>	<u>Institutional-based</u> <ul style="list-style-type: none"> <li>INTI College Sabah</li> <li>Institute Science and Management</li> <li>Universiti Malaysia Sabah</li> <li>UMSKAL</li> </ul>	<u>Institutional-based</u> <ul style="list-style-type: none"> <li>ITE College Central</li> <li>ITE College East</li> <li>ITE College West</li> <li>Ngee Ann Polytechnic</li> <li>Singapore Polytechnic</li> <li>Nanyang Technological University</li> <li>National University of Singapore</li> <li>Singapore Management University</li> <li>Singapore University of Technology and Design</li> <li>Singapore Institute of Technology</li> </ul> <u>Community-based</u> <ul style="list-style-type: none"> <li>Ang Mo Kio</li> <li>Bukit Gombak</li> <li>Choa Chu Kang</li> <li>North West</li> <li>Raffles City</li> <li>Singapore West</li> <li>Singapore</li> <li>Singapore City</li> </ul>	<u>Institutional-based</u> <ul style="list-style-type: none"> <li>Curtin University</li> <li>SEGi College Sarawak</li> <li>Swinburne Sarawak</li> <li>UNIMAS</li> </ul> <u>Community-based</u> <ul style="list-style-type: none"> <li>Kuching Omega</li> </ul>
			<b>Cyber</b>
			<ul style="list-style-type: none"> <li>E-Rotaract 3310</li> </ul>



# District 3310 Rotaract Committee RY2023-24



**DISTRICT ROTARACT  
REPRESENTATIVE**

Kaylene Pillai  
Rotaract Club of Raffles City



**DISTRICT ROTARACT  
CHAIR**

PP Brian Tan  
Rotary Club of Raffles City



**ROTARACT  
ADVISOR**

PDG Michael Yee  
Rotary Club of Garden City



**DISTRICT ROTARACT  
CHIEF OF STAFF**

Dervin Lua Wei Jun  
Rotaract Club of North West



**DISTRICT ROTARACT  
SECRETARY**

Lai Yin Zhi  
Rotaract Club of Raffles City



**DISTRICT ROTARACT  
TREASURER**

Viddyasri Subramaniam  
Rotaract Club of Raffles City



# District 3310 Rotaract Committee RY2023-24



## **ROTARACTOR REGIONAL CHAIR ZONE 1 - JOHOR AND MELAKA**

Vikrant Sangar  
Rotaract Club of Johor Bahru



## **ROTARIAN REGIONAL CHAIR ZONE 1 - JOHOR AND MELAKA**

PP Veshnudran Sivamoorthy  
Rotary Club of Johor Centennial



## **ROTARACTOR REGIONAL CHAIR ZONE 2 - SABAH**

Nor Honey Lyn  
E-Rotaract Club of 3310



## **ROTARIAN REGIONAL CHAIR ZONE 2 - SABAH**

PP Kenneth Tan  
Rotary Club of Luyang



## **ROTARACTOR REGIONAL CHAIR ZONE 3 - SINGAPORE**

Javen Francis Koh Wei Yang  
Rotaract Club of Singapore  
Polytechnic



## **ROTARIAN REGIONAL CHAIR ZONE 3 - SINGAPORE**

Picasso Lin Guorong  
Rotary Club of Garden City



## **ROTARACTOR REGIONAL CHAIR ZONE 4 - SARAWAK**

Joanna Mika  
Rotaract Club of UNIMAS



## **ROTARIAN REGIONAL CHAIR ZONE 4 - SARAWAK**

IPP Michael Kuan  
Rotary Club of Kuching Central

# District 3310 Rotaract Committee RY2023-24



**DISTRICT ROTARACT  
COMMUNITY SERVICE  
DIRECTOR - SINGAPORE**

Chloe Chia  
Rotaract Club of Singapore



**DISTRICT ROTARACT  
COMMUNITY SERVICE  
DIRECTOR - MALAYSIA**

Wong Khong Meng  
Rotaract Club of  
Bandar Penggaram



**DISTRICT ROTARACT  
PROFESSIONAL DEVELOPMENT  
DIRECTOR**

Ryan Yap Chen-Yen  
E-Rotaract Club of 3310



**DISTRICT ROTARACT  
INTERNATIONAL SERVICE  
DIRECTOR**

DRRE Ng Kai Qing  
Rotaract Club of Raffles City



**DISTRICT ROTARACT  
CLUB SERVICE DIRECTOR**

Chaiyawat Virak  
Rotaract Club of UNIMAS



**DISTRICT ROTARACT  
PUBLIC IMAGE DIRECTOR**

Wong Hao Mun  
Rotaract Club of Raffles City



**DISTRICT ROTARACT  
COMMUNICATIONS DIRECTOR  
APRC 2024 CONFERENCE CHAIR**

PDRR Divagaran S/O Kalaivanan  
Rotaract Club of Raffles City



**DISTRICT ROTARACT  
WELFARE DIRECTOR**

Johannes Gan Dombrowski  
Rotaract Club of Raffles City

# District 3310 Rotaract Committee RY2023-24







## What does the District Rotaract Committee (DRC) do?

**Membership  
recruitment,  
development and  
retention**

**Leaders Training**

**Branding and Public  
Image**

**Communications and  
Information Sharing**

**Facilitate fellowship  
across pillars of  
service**





# Our Four Avenues Of Service

## Club Service



## Community Service

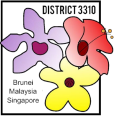


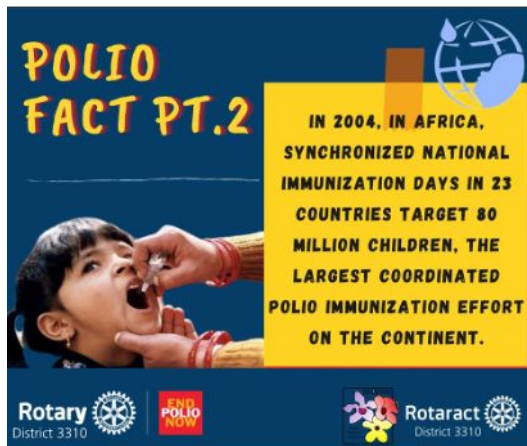
## Professional Development



## International Service











## EXCLUSIVE MASTERCLASS DEMISTIFY CRYPTOCURRENCY



### ALVIN CHOW CEO, FOUNDER OF DRWEALTH

- More than 12 years of investing experience
- Featured in Straits Times, CNA, SGX Academy, Lianhe Zaobao, Kiss92, MoneyFM 89.3 and more
- Author of Secrets of Singapore Trading Gurus and Singapore Permanent Portfolio

### EVENT INFORMATION

25 MAY 2022  
7:00 PM - 8:00 PM  
ROTARY HOUSE,  
PENINSULA PLAZA

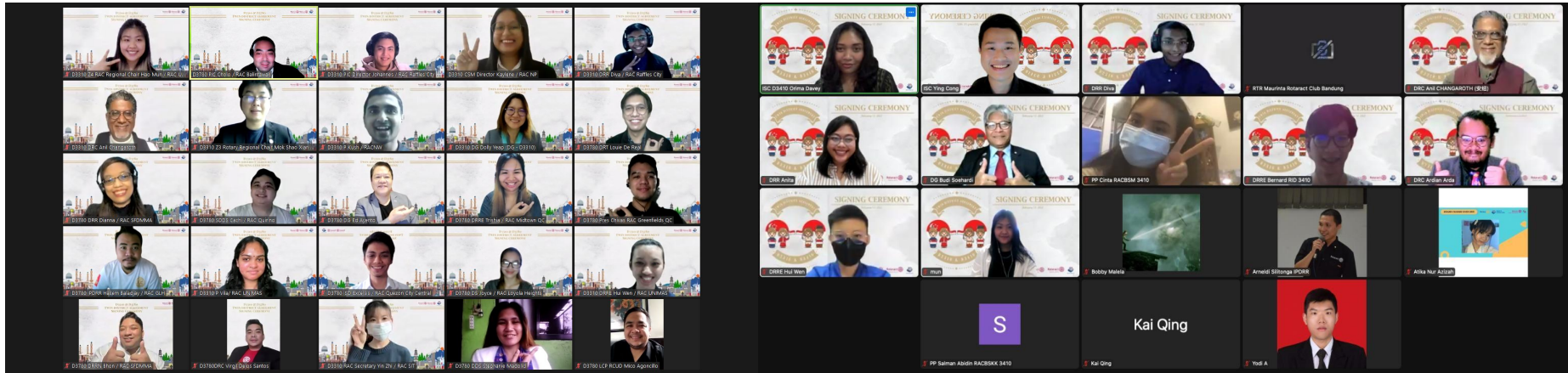
Limited to 50 seats only  
\*Light refreshment will be provided

The learning talk is meant for educational purposes only, to provide information about the subject matter being covered. Any illustrations with reference to any investment securities are meant to demonstrate investment concepts and do not constitute an actual buy or sell recommendation and is not an inducement to trade.

The speaker shall not be liable for any loss or damage caused directly or indirectly by the information contained in his/her presentation.







## Asia Pacific Rotaract Multi-District Information Organisation

- Asia Pacific Rotaract MDIO was formed on June 16, 2020 and was officially recognized by Rotary International on September 17, 2020 as a regional Rotaract multi-district information organization (MDIO) for Asia Pacific
- We are a Member District of the Organisation
- Holds one of the biggest conferences in the Asia Pacific, the Asia Pacific Rotaract Regional Conference every year



# 3

## Role As An International Service Director



## Roles

- Leader
- Disseminator
- Reviewer





## Roles

- Curating projects out of your home country
- Sustainable
- Impactful

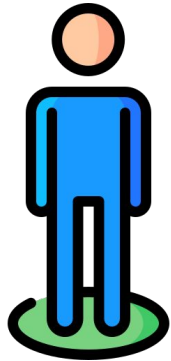


# 4

## How To Plan A Project



# How Should You Plan Your Project? (Fayol, 1916)



**PLANNING**

**ORGANISING**

**LEADING**

**CONTROLLING**





# Planning

- Define your goals
- Formulate your plans to coordinate activities







# Organising

- **Who, What, Why, Where, When**
- **How**

**5 W 'S 1 H**





# Leading

- Motivating
- Inspiring

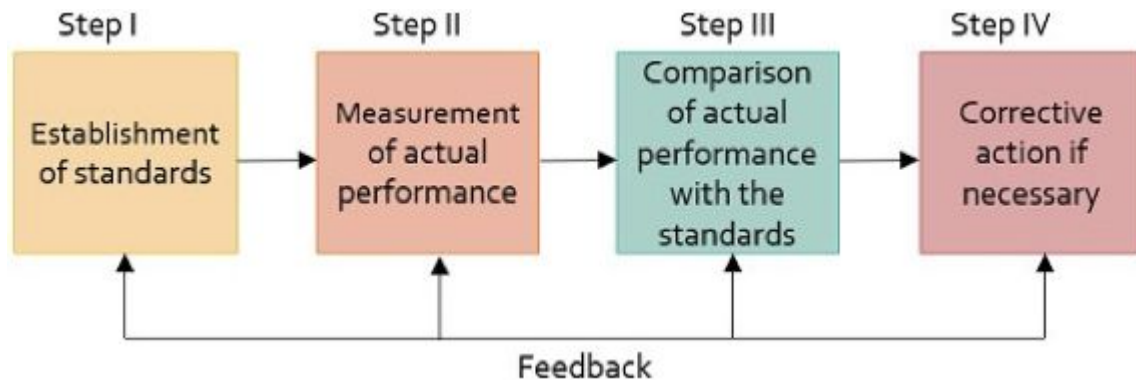




# Controlling

- Monitoring and ensuring that projects plan are heading towards the right direction

- Feedforward
- Concurrent
- Feedback





# Timeline

1 <sup>st</sup> Month	2 <sup>nd</sup> Month	3 <sup>rd</sup> Month
<ul style="list-style-type: none"> <li>Form your team</li> <li>Define your project (SOPs)</li> <li>Preparation for needs assessment</li> </ul>	<ul style="list-style-type: none"> <li>Talk to relevant <u>organisations</u> (Partners)</li> <li>Conduct site visit</li> <li>Conduct your needs assessment</li> </ul>	<ul style="list-style-type: none"> <li><u>Analyse</u> your findings</li> <li>Talk to relevant <u>organisations</u> (Sponsors)</li> </ul>
4 <sup>th</sup> Month	5 <sup>th</sup> Month	6 <sup>th</sup> Month
<ul style="list-style-type: none"> <li>Confirmation of participants</li> <li>Gather and identify logistics required</li> </ul>	<ul style="list-style-type: none"> <li><u>Finalise</u> SOPs</li> <li>Update all relevant <u>organisations</u></li> </ul>	<ul style="list-style-type: none"> <li>Final preparation for trip</li> <li>Embark on trip</li> <li>Conduct safety briefings</li> </ul>



# Grants

## YEP-GO FUNDING AND PUBLICITY GUIDELINES



Part Of:



YOUTH CORPS  
SINGAPORE

At NYC, we believe in a world where young people are respected and heard, and have the ability to influence and make a difference to the world. Together with our partners, we develop a dynamic and engaging environment where young people can realise their aspirations and play a part in making Singapore an endearing home for all.

Thank you for your interest in the **Youth Expedition Project Goes Online (YEP-GO)**!



## GLOBAL GRANT APPLICATION TEMPLATE

The following pages outline the questions you will be asked on the online global grant application. You can use this document for planning purposes. Find the actual grant application at [www.rotary.org/grants](http://www.rotary.org/grants).

### Step 1: Basic information

**What's the name of your project?**

**What type of project are you planning? (humanitarian project, vocational training, scholarship)**

All global grants support activities within Rotary's areas of focus.



# First Rotaract Global Grant Project with Rotary (Project Kamleang)

- Collaboration with Youth Corps Singapore, Rotary Clubs & LJ Foundation
- Location: Cambodia (Puok District)
- Rotaract Clubs involve: Bukit Gombak, Raffles City, Singapore West, Singapore

## Global Grant Application

**GRANT NUMBER**  
GG2229879

**STATUS**  
Draft

## Basic Information

### Grant title

Critical Vocational Skills Development as Empowerment for 'At Risk' Girls in Siem Reap, Cambodia

### Type of Project

#### Vocational training team

Build skills within a community by supporting a team of professionals that will travel abroad to train or learn from colleagues in the community they visit



# Project Kamleang

- Needs Assessments
- Areas of Service:
  - Nutrition Poverty (Fish & Veg Farming)
  - Health Poverty (Mask & Sanitary Pad Making)
  - Hunger Poverty (Chicken Farming)
  - Medical Poverty (First-Aid Training)



**ប្រជុំ គម្រោងបង្រៀនសិស្សស្រី (កម្ពុជា)**

Learning Journeys Cambodia Foundation  
#243 Kanchang Koy Village, Yeang Commune  
Siem Reap Province, Kingdom of Cambodia  
Tel: +855 96 257 4578 / 99 398 865  
Email: [info@lcambo.org](mailto:info@lcambo.org) [www.lcambo.org](http://www.lcambo.org)

26 May 2021

Thank you very much for considering our projects to start training and helping the girls in our community. The current pandemic situation is very worrisome as the community is suffering due to job loss, no savings, heavy debt burden and lack of accessibility to sell their produce in the market outside the villages due to movement restrictions. By adopting the projects, this will allow girls who are most at risk to human trafficking to help their families, be self-sufficient and gain new life skills.

Below please find the budget plan for each project, namely:

1. Hunger Poverty (Junior Chicken Farmers);
2. Nutrition Poverty (Fish & Veg Farmers) and;
3. Health Poverty (Masks & Sanitary Pad Makers)

For the above project, we will select a team of 5-7 girls (between 15-18 years old) to work with your teams. And we would be happy to assist and answer any question that the members may have pertaining to the projects and to make the projects successful.

(Exchange rate: USD1 = 4 000 riel)

## I. Budget Plan for Hunger Poverty (Junior Chicken Farmers)

No.	Item	Amount	Unit Cost	Total Cost USD	Remarks
<b>Chicken Farming</b>					
<b>Variable Costs</b>					
1	Chick - 21 days old	10 chicks	5 000 Riel	50 000 riel/ 12.5\$	Per girl
2	Chicken Feed	1 sack	80 000 Riel	80 000 riel/20\$	Girls learn to make own chicken mix
	Yellow Corn	1 sack	80 000 Riel	80 000 riel/20\$	
	Rice Bran	40kg	4 000 Riel	160 000 riel/40\$	
3	Vaccine & medicine	1 set	25 000 Riel	25 000 riel/6.25\$	
4	Feed Bucket	1	12 000 Riel/8kg	12 000 riel/3\$	
5	Water feeder	1	12 000 Riel/7L	12 000 riel/3\$	
Total Cost				104.75\$	Per girl
Sub Total cost for 7 girls = 104.75\$ x 7 = 733.25\$					
<b>Fixed Costs</b>					
6	Chicken Coop & Fencing	1 set	300 000 Riel	300 000 riel/75\$	Materials
7	Manpower	1 time	2 labourers	200 000 riel/50\$	Build chicken coop & fencing
8	Training, Reporting Supervision	6 months	1 manager @ 100\$/month	600\$	Transport, meals (instructor)
Sub Total				725.00\$	


**Total Cost for Hunger Poverty Project = USD733.25 + USD725.00 = USD1 458.25**



# Project Kamleang (Needs Assessment)

A Singapore Government Agency Website

ABOUT YEP OUR STORIES CHALLENGE [SUBMIT STORY](#)



[VIEW IMAGE](#)

[Back](#) [LIKE](#)

## Project Kamleang - Nutrition Poverty


Beneficiaries reaping the fruits of their work, morning glory being one of the vegetables involved in the lessons taught.

Leader Name: Hsueh Zi Kuang  
19-08-2021 to 24-10-2021

[Cambodia](#) [Rotaract Club](#) [YEP-GO](#) [Memorable](#)

A Singapore Government Agency Website

ABOUT YEP OUR STORIES CHALLENGE [SUBMIT STORY](#)



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## Project Kamleang


Our girls receiving their hygiene kits for their workshop!

Leader Name: Chu Yuan  
22-01-2022 to 21-02-2022

[Cambodia](#) [Rotaract Club of Singapore](#) [YEP-GO](#)

A Singapore Government Agency Website

ABOUT YEP OUR STORIES CHALLENGE [SUBMIT STORY](#)



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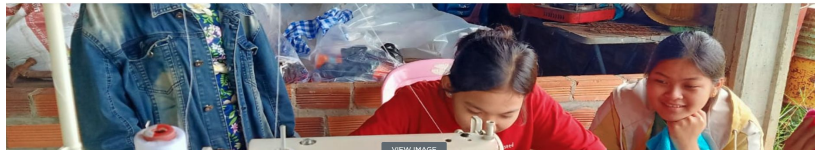
## Project Kamleang - Hunger Poverty

Group Photo during our first Zoom interaction with our beneficiaries and local partner, Learning Journeys Cambodia Foundation

Leader Name: Tan Hui Yi  
17-10-2021 to 19-12-2021

A Singapore Government Agency Website

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## YEP-GO Health Poverty

One of our beneficiaries tried her hand at using the sewing machine under the guidance and supervision of an experienced seamstress

Leader Name: Ng Kai Qing  
19-08-2021 to 31-12-2021

[Cambodia](#) [Rotaract Club](#) [YEP-GO](#)





## Project Kamleang

- Basic Education and Literacy
- Economic and Community Development





# Project Kamleang (Budget & Funding)

#	Category	Description	Supplier	Cost in KHR	Cost in USD
1	Project management	Project management, assessment, monitoring, evaluation (12 months)	Li Cambodia	960000	240
2	Supplies	Training/Project implementation	Multiple	8100000	2025
3	Operations	Contingency (10%)	Li Cambodia	2560000	6400
4	Tuition	Train the trainer course (10 participants) X 2 classes	Angkor Children Hospital, Build Bright University & Li Cambodia	2888000	7220
5	Tuition	Class fee for instructor & tutors (1 year) (30 participants) X 10 classes = 300 participants	Angkor Children Hospital, Build Bright University & LJ Cambodia	12896000	32240
6	Supplies	Banner, backdrop	Multiple	600000	150
7	Supplies	Books, stationery, awards	Multiple	2000000	500
8	Supplies	Uniform	Multiple	1440000	3600
9	Supplies	Vocational training equipment	Multiple	8000000	2000
10	Supplies	Family day venue support, snacks, water	Multiple	2600000	650
11	Supplies	Bicycles	Multiple	4200000	10500
Total budget:				26210000	65525

#	Source	Details	Amount (USD)	Support*	Total
1	Cash from district	3310	2,000.00	100.00	2,100.00
2	Cash from Club	Phnom Penh	200.00	10.00	210.00
3	District Designated Fund (DDF)	3310	10,000.00	0.00	10,000.00
4	District Designated Fund (DDF)	3350	2,000.00	0.00	2,000.00
5	Cash from Club	Raffles City	5,000.00	250.00	5,250.00
6	Non-Rotarian contributions with NO match from TRF	Heng Tan	20,000.00	1,000.00	21,000.00

\*Whenever cash is contributed to the Foundation to help fund a global grant project, an additional 5 percent is applied to help cover the cost of processing these funds. Clubs and districts can receive Paul Harris Fellow recognition points for the additional expense.

## How much World Fund money would you like to use on this project?

You may request up to 9,600.00 USD from the World Fund.

## Funding Summary

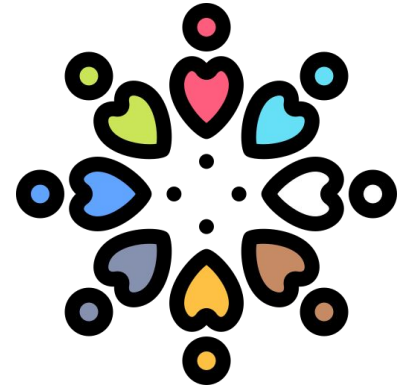
DDF contributions:	12,000.00
Cash contributions:	7,200.00
Financing subtotal (matched contributions + World Fund):	19,200.00
Non-Rotarian contributions with NO match from TRF:	20,000.00
Total funding:	39,200.00
Total budget:	65,525.00





## Working with Rotaractors from different cultures

- Understand and respect differences in working styles
- Be mindful of the things you say or do when you interact rotaractors from different cultures
- Enjoy the fellowship with Rotaractors from different cultures!



# 5

## Year Plan



## Year Plan

- Project Kamleang (On-going)
- Fellowship with Sister District (Throughout the year. Dates, TBC)
- Engaging with overseas counterparts (End of the year. Dates, TBC)
- Tri-Monthly Engagement Sessions - Cultural Awareness Workshop



## Year Plan

- Tri-Monthly Engagement Sessions - Cultural Awareness Workshop

**Details:** Sharing of another culture by a club

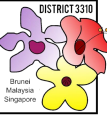
**Goal: Enhance self-awareness** by increasing our awareness of other cultures

**Venue:** Online Platform, Zoom

**Dates:** TBC (A poll/form will be sent out)



**<https://www.rotaractdistrict3310.org/district-3310-resource-page>**



- Awards (Citations, District Awards)
- District & Club Administrative Materials
- Training Workshop Slides
- Rotary International (Handbook, Logo Guidelines)
- District 3310 Newsletters

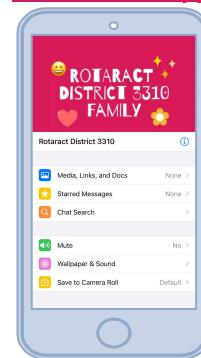


# Our Social Media Platforms!

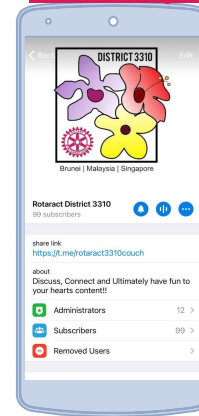
[www.rotaractdistrict3310.org](http://www.rotaractdistrict3310.org)



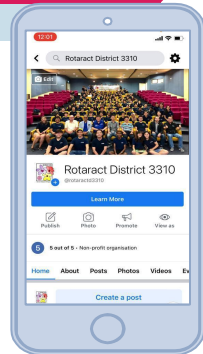
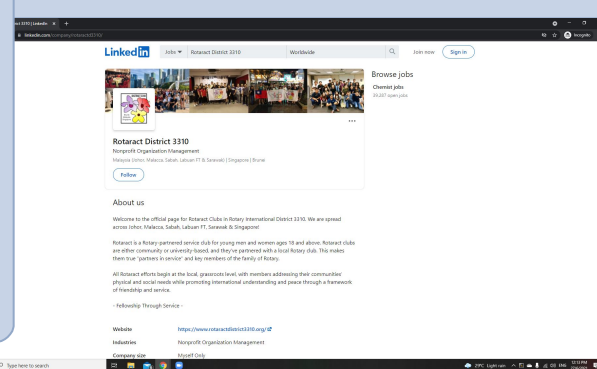
**D3310 Whatsapp**



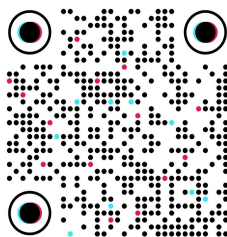
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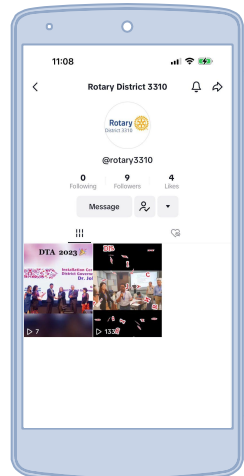
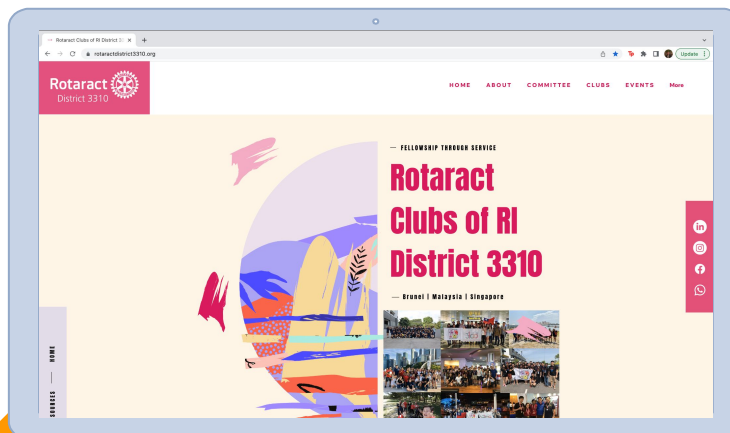
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# 6

# Q&A