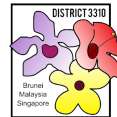


District Rotaract Training Assembly RY 2022-23



International Service Workshop



Main Trainer' Profile: Syahrul Azali

- District:
- (1) Rotary District 3310 Global Grant Committee Member RY 2022-23
 - (2) International Service Chair/Director RY 2022-23
 - (3) Vice President Rotaract Club of Singapore Polytechnic

Education Background

Higher NITEC Mechatronics Engineering, ITE College West

Currently Doing:

Diploma in Engineering With Business, Singapore Polytechnic





Trainers' Profile: Koh Ying Cong

Prior Positions Taken:

President of Bukit Gombak EAGLES Interact Club RY 2017-18

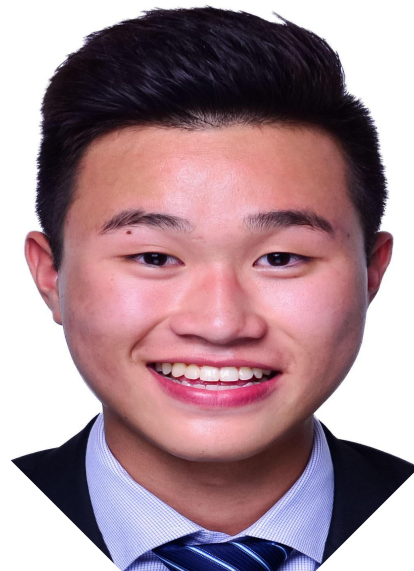
President of Rotaract Club of Bukit Gombak RY 2018-19

District: (1) Rotary District 3310 Global Grant Committee Member RY 2021-22

(2) International Service Chair/Director RY 2020-22

Education Background

Diploma in Commerce, Monash College



Currently Doing:

Bachelor of Commerce (Marketing Science), Monash University



Today's Objective

- 1) Goals for RY2022-23
- 2) Overview of Rotary/Rotaract and DJRC
- 3) Introduction and The People Around You
- 4) Roles as an International Service Director
- 5) How to Plan a Project



Goals for RY2022-23

1. Enhancing International Understanding and Poverty Awareness
2. Engaging and Enhancing our partnership with our Overseas Counterparts
3. Conducting and Organising Impactful and Sustainable Projects

1

Overview of Rotary and Rotaract





The Rotary Mission

- A. provide service to others,
- B. promote integrity, and
- C. advance world understanding, goodwill and peace
- D. through our fellowship of business, professional and community leaders



What is Rotaract?

Rotaract is a service club for men and women aged 18 and above who are dedicated to finding innovative solutions to the world's most pressing challenges while developing professional and leadership skills.

Rotaract stands for: Rotary in Action

Motto: Fellowship Through Service



History

First chartered Rotaract Club is on March 13, 1968: Rotaract Club of North Charlotte

From 1930s to 1950s, there were many youth organisations/clubs sponsored by Rotary Club based on Rotary principles

Many Interactors (Interact was formed in 1962) who reached the age limit of that program, were starting new types of clubs called “Senior Interact”.

In 2019, Rotaract went from being a program of Rotary International to being a membership type of Rotary International, elevating its status to resemble that of Rotary clubs.





Types of Rotaract Clubs



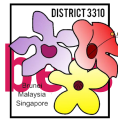
Institutional-based

Usually taken as extracurricular activities for self and professional development through service

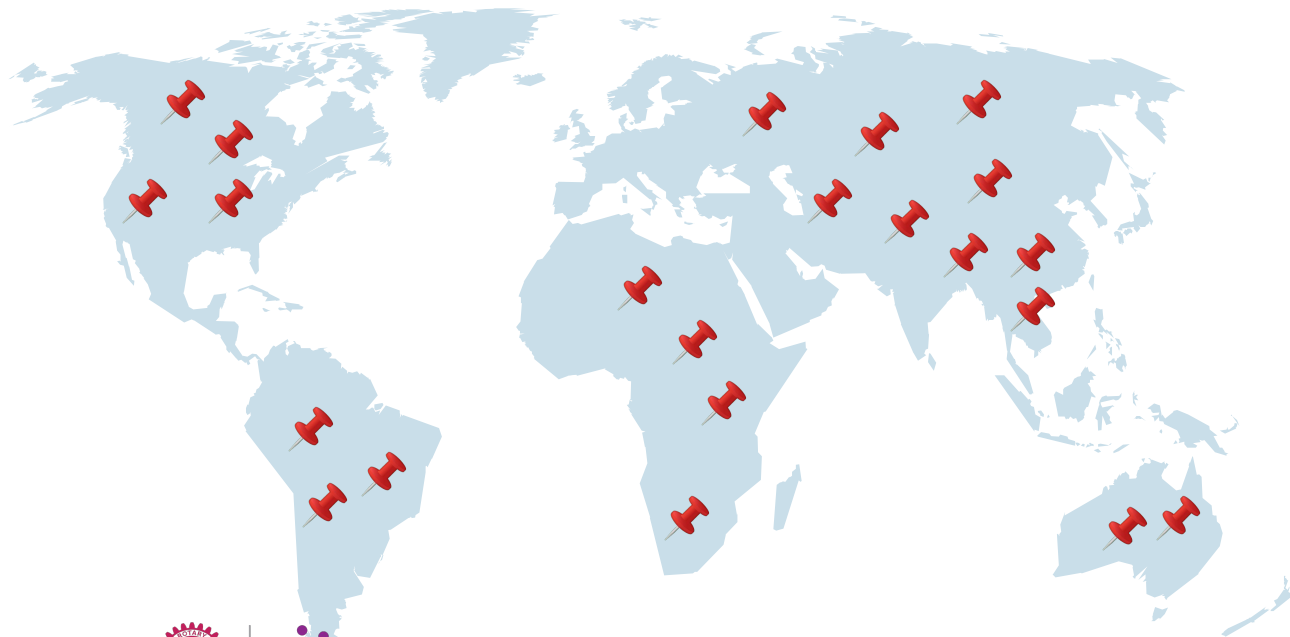


Community-Based

For youths who would like to have a platform to impact changes in their communities



**We have more than 250,000 members
in more than 10,000 Rotaract Clubs worldwide!**

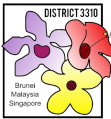


**Spread Across
184 countries
Grouped into
529 districts**

2

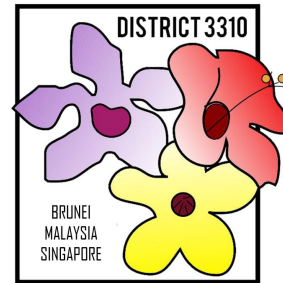
About our District and What we do





We belong in District 3310!

- Zone 1: Johor and Melaka
- Zone 2: Sabah
- Zone 3: Singapore
- Zone 4: Sarawak



Rotaract
District 3310



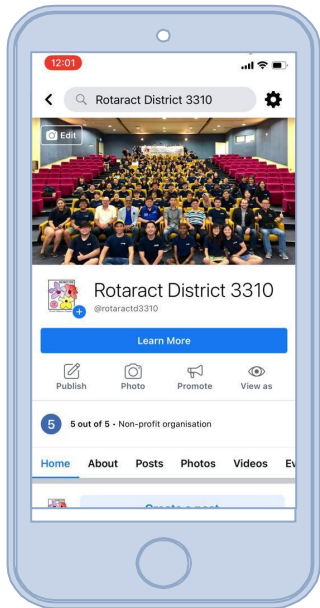
31 Active Rotaract Clubs

Over 3,000 Rotaractors and Alumnis

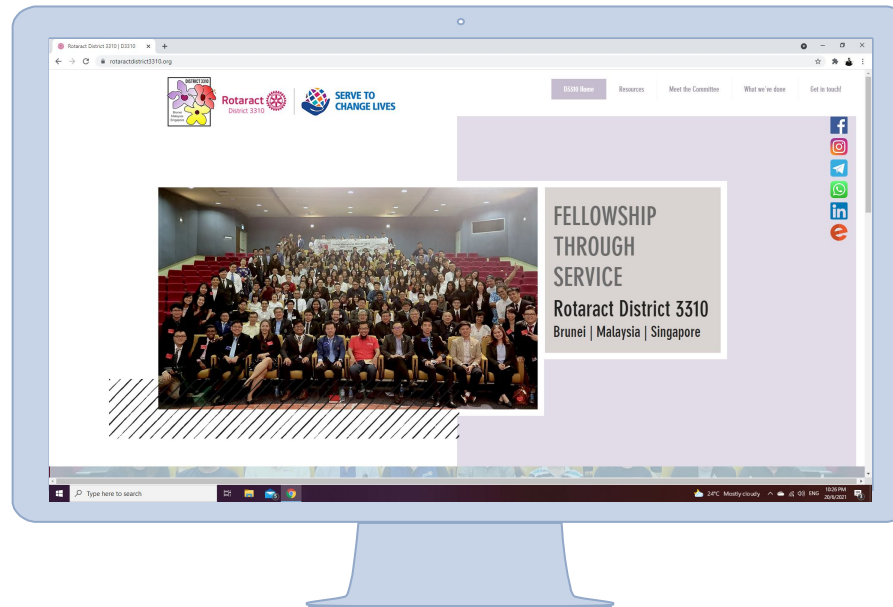


Our Social Media Platforms!

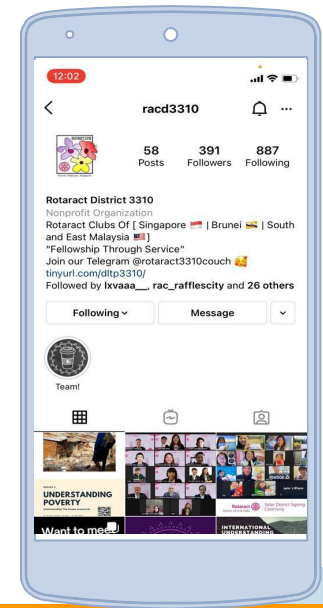
 @Rotaractd3310

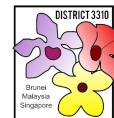


www.rotaractdistrict3310.org



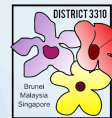
 @racd3310





Zone 1 (Johor, Malacca)	Zone 2 (Sabah)	Zone 3 (Singapore)	Zone 4 (Sarawak)
<u>Institutional-based</u> <ul style="list-style-type: none"> Asia Metropolitan University <u>Community-based</u> <ul style="list-style-type: none"> Bandar Penggaram Johor Bahru 	<u>Institutional-based</u> <ul style="list-style-type: none"> INTI College Sabah Institute Science and Management Kolej Teknikal Yayasan Sabah Universiti Malaysia Sabah UMSKAL 	<u>Institutional-based</u> <ul style="list-style-type: none"> ITE College Central ITE College East ITE College West Ngee Ann Polytechnic Singapore Polytechnic Nanyang Technological University National University of Singapore Singapore Management University Singapore University of Technology and Design Singapore Institute of Technology <u>Community-based</u> <ul style="list-style-type: none"> Ang Mo Kio Bukit Gombak Choa Chu Kang North West Raffles City Singapore West Singapore Singapore City 	<u>Institutional-based</u> <ul style="list-style-type: none"> Curtin University SEGi College Sarawak Swinburne Sarawak UNIMAS <div>Cyber</div> <ul style="list-style-type: none"> E-Rotaract 3310

District Rotaract Committee RY 2022-23



District Rotaract Representative

Tang Hui Wen
E-Rotaract Club 3310



**Past District Governor,
Rotaract Advisor**

Michael Yee
Rotary Club of Garden City



District Rotaract Chair

Brian Tan
Rotary Club of Raffles City



District Rotaract Secretary

Chau Pei En
Rotaract Club of Raffles City



District Rotaract Representative Elect & Treasurer

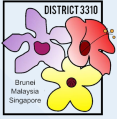
Kaylene Pillai
Rotaract Club of Raffles City



**Immediate Past District Rotaract Representative,
Elevate Rotaract - Lead,
APRRC 2024 Conference Chair**

Divagaran Kalaivanan
Rotaract Club of Raffles City

District Rotaract Committee RY 2022-23



**Rotarian Regional Chair
Zone 1 (Johor and Melaka)**
PP Veshnudran Sivamoorthy
Rotary Club of Johor Centennial



**Rotaractor Regional Chair
Zone 1 (Johor and Melaka)**
Irene Sia Wei Xing
Rotaract Club of Bandar
Penggaram



**Rotarian Regional Chair
Zone 2 (Sabah)**
Fia Iskandar
Rotary Club of Kota Kinabalu
Pearl



**Rotaractor Regional Chair
Zone 2 (Sabah)**
Chin Cai Yun
Rotaract Club of UMS



**Rotarian Regional Chair
Zone 3 (Singapore)**
Picasso Lin Guorong
Rotary Club of Garden City



**Rotaractor Regional Chair
Zone 3 (Singapore)**
Dervin Lua Wei Jun
Rotaract Club of Ngee Ann
Polytechnic

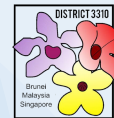


**Rotarian Regional Chair
Zone 4 (Sarawak)**
PP Nicholas Hon Sian
Rotary Club of Kuching



**Rotaractor Regional Chair
Zone 4 (Sarawak)**
Vilassiny Gunaselvan
Rotaract Club of UNIMAS

District Rotaract Committee RY 2022-23



**District Rotaract
Community Service
Director**

Ryan Yap Chen-Yen
Rotaract Club of Swinburne
Sarawak



**District Rotaract
Club Service Director**

Chalyawat A/L Virak
Rotaract Club of UNIMAS



**District Rotaract
Professional
Development Director**

Ng Kai Qing
Rotaract Club of Raffles City



**District Rotaract
Communications Director**

Wong Hao Mun
Rotaract Club of UNIMAS



**District Rotaract
International Service
Director**

Koh Ying Cong
Rotaract Club of Bukit Gombak



**District Rotaract Public
Image Director**

Khausaalya
Rotaract Club of UNIMAS



**District Rotaract
International Service
Director**

Syahrul Azali bin Mohammad
Azlan
Rotaract Club of Singapore
Polytechnic



**District Rotaract Public
Image and Communication
Team Member**

Johannes Gan Dombrowski
Rotaract Club of Raffles City



What does the District Rotaract Committee (DRC) do?

**Membership
recruitment,
development and
retention**

Leaders Training

**Branding and Public
Image**

**Communications and
Information Sharing**

**Facilitate fellowship
across pillars of
service**



Our Four Avenues Of Service

Club Service



Community Service

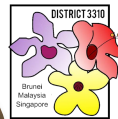
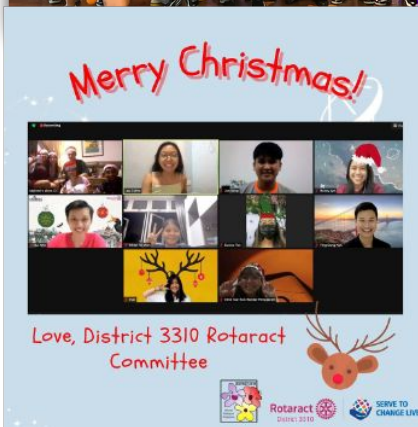


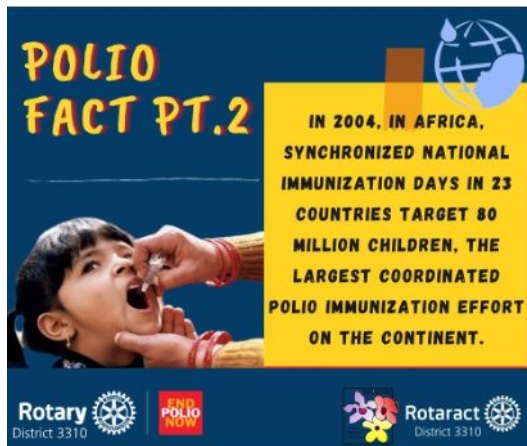
Professional Development

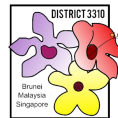


International Service









SMU ROTARACT PRESENTS PROFESSIONAL DEVELOPMENT SUMMIT

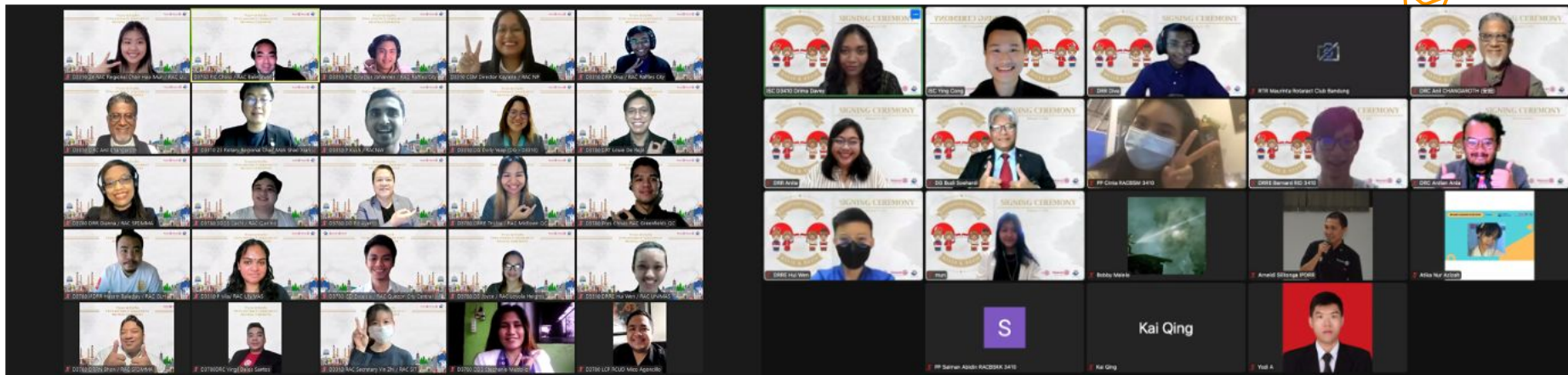
BY ROTARY INTERNATIONAL DISTRICT 3310



Organised By:
XSICS Rotaract District 3310

Sister Districts

District 3410 Indonesia & 3780 Philippines



Asia Pacific Rotaract Multi-District Information Organisation

- Asia Pacific Rotaract MDIO was formed on June 16, 2020 and was officially recognized by Rotary International on September 17, 2020 as a regional Rotaract multi-district information organization (MDIO) for Asia Pacific
- We are a Member District of the Organisation
- Holds one of the biggest conferences in the Asia Pacific, the Asia Pacific Rotaract Regional Conference every year



3

Roles As An International Service Director



Roles

- Leader
- Disseminator
- Monitor performance



Roles

- Curating projects out of your home country
- Sustainable
- Impactful

4

How To Plan A Project



How Should You Plan Your Project? (Fayol, 1916)

- Planning
- Organising
- Leading
- Controlling



Planning

- Define your goals
- Formulate your plans to coordinate activities





Organising

- Who, What, Why, Where, When
- How





Leading

- Motivating
- Inspiring

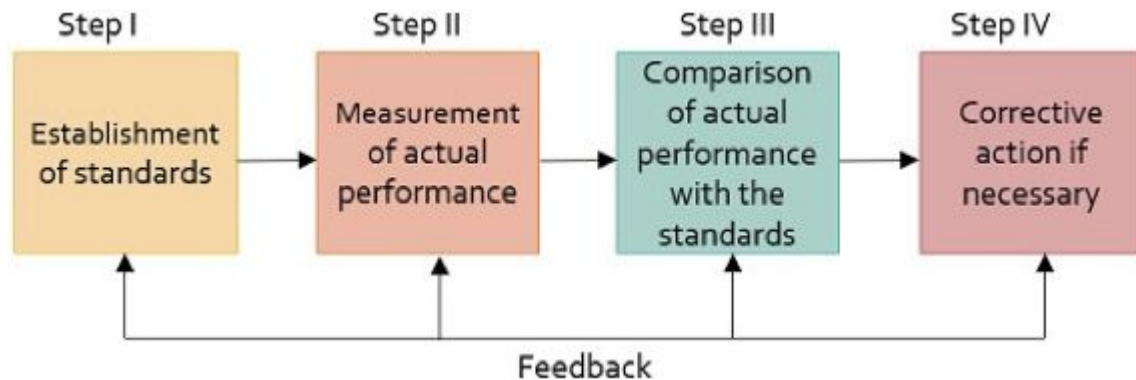




Controlling

- Monitoring and ensuring that projects plan are heading towards the right direction

- Feedforward
- Concurrent
- Feedback





Timeline

<p>1st Month</p> <ul style="list-style-type: none"> • Form your team • Define your project (SOPs) • Preparation for needs assessment 	<p>2nd Month</p> <ul style="list-style-type: none"> • Talk to relevant <u>organisations</u> (Partners) • Conduct site visit • Conduct your needs assessment 	<p>3rd Month</p> <ul style="list-style-type: none"> • <u>Analyse</u> your findings • Talk to relevant <u>organisations</u> (Sponsors)
<p>4th Month</p> <ul style="list-style-type: none"> • Confirmation of participants • Gather and identify logistics required 	<p>5th Month</p> <ul style="list-style-type: none"> • <u>Finalise</u> SOPs • Update all relevant <u>organisations</u> 	<p>6th Month</p> <ul style="list-style-type: none"> • Final preparation for trip • Embark on trip • Conduct safety briefings



Grants

YEP-GO FUNDING AND PUBLICITY GUIDELINES



Part Of:



YOUTH CORPS
SINGAPORE

At NYC, we believe in a world where young people are respected and heard, and have the ability to influence and make a difference to the world. Together with our partners, we develop a dynamic and engaging environment where young people can realise their aspirations and play a part in making Singapore an endearing home for all.

Thank you for your interest in the **Youth Expedition Project Goes Online (YEP-GO)**!



GLOBAL GRANT APPLICATION TEMPLATE

The following pages outline the questions you will be asked on the online global grant application. You can use this document for planning purposes. Find the actual grant application at www.rotary.org/grants.

Step 1: Basic information

What's the name of your project?

What type of project are you planning? (humanitarian project, vocational training, scholarship)

All global grants support activities within Rotary's areas of focus.



First Rotaract Global Grant Project with Rotary (Project Kamleang)

- Collaboration with Youth Corps Singapore, Rotary Clubs & LJ Foundation
- Location: Cambodia (Puok District)
- Rotaract Clubs involve: Bukit Gombak, Raffles City, Singapore West, Singapore

Global Grant Application

GRANT NUMBER
GG2229879

STATUS
Draft

Basic Information

Grant title

Critical Vocational Skills Development as Empowerment for 'At Risk' Girls in Siem Reap, Cambodia

Type of Project

Vocational training team

Build skills within a community by supporting a team of professionals that will travel abroad to train or learn from colleagues in the community they visit



Project Kamleang

● Needs Assessments

● Areas of Service:

- Nutrition Poverty (Fish & Veg Farming)
- Health Poverty (Mask & Sanitary Pad Making)
- Hunger Poverty (Chicken Farming)
- Medical Poverty (First-Aid Training)



ចូលចិត្ត ដំណើរការសិក្សាស្រាវជ្រាវ (កម្ពុជា)

Learning Journeys Cambodia Foundation
#243 Kanchang Koy Village, Yeang Commune
Siem Reap Province, Kingdom of Cambodia
Tel: +855 96 257 4578 / 99 398 865
Email: info@ljcambodia.org www.ljcambodia.org

26 May 2021

Thank you very much for considering our projects to start training and helping the girls in our community. The current pandemic situation is very worrisome as the community is suffering due to job loss, no savings, heavy debt burden and lack of accessibility to sell their produce in the market outside the villages due to movement restrictions. By adopting the projects, this will allow girls who are most at risk to human trafficking to help their families, be self-sufficient and gain new life skills.

Below please find the budget plan for each project, namely:

1. Hunger Poverty (Junior Chicken Farmers);
2. Nutrition Poverty (Fish & Veg Farmers) and;
3. Health Poverty (Masks & Sanitary Pad Makers)

For the above project, we will select a team of 5-7 girls (between 15-18 years old) to work with your teams. And we would be happy to assist and answer any question that the members may have pertaining to the projects and to make the projects successful.

(Exchange rate: USD1 = 4 000 riel)

I. Budget Plan for Hunger Poverty (Junior Chicken Farmers)

No.	Item	Amount	Unit Cost	Total Cost USD	Remarks
Chicken Farming					
Variable Costs					
1	Chick - 21 days old	10 chicks	5 000 Riel	50 000 riel/ 12.5\$	Per girl
2	Chicken Feed	1 sack	80 000 Riel	80 000 riel/20\$	Girls learn to make own chicken mix
	Yellow Corn	1 sack	80 000 Riel	80 000 riel/20\$	
	Rice Bran	40kg	4 000 Riel	160 000 riel/40\$	
3	Vaccine & medicine	1 set	25 000 Riel	25 000 riel/6.25\$	
4	Feed Bucket	1	12 000 Riel/8kg	12 000 riel/3\$	
5	Water feeder	1	12 000 Riel/7L	12 000 riel/3\$	
Total Cost				104.75\$	Per girl
Sub Total cost for 7 girls = 104.75\$ x 7 = 733.25\$					
Fixed Costs					
6	Chicken Coop & Fencing	1 set	300 000 Riel	300 000 riel/75\$	Materials
7	Manpower	1 time	2 labourers	200 000 riel/50\$	Build chicken coop & fencing
8	Training, Reporting Supervision	6 months	1 manager @ 100\$/month	600\$	Transport, meals (instructor)
Sub Total				725.00\$	


Total Cost for Hunger Poverty Project = USD733.25 + USD725.00 = USD1 458.25



Project Kamleang (Needs Assessment)

A Singapore Government Agency Website

ABOUT YEP OUR STORIES CHALLENGE [SUBMIT STORY](#)



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Project Kamleang - Nutrition Poverty


Beneficiaries reaping the fruits of their work, morning glory being one of the vegetables involved in the lessons taught.

Leader Name: Hsueh Zi Kuang
19-08-2021 to 24-10-2021

[Cambodia](#) [Rotaract Club](#) [YEP-GO](#) [Memorable](#)

A Singapore Government Agency Website

ABOUT YEP OUR STORIES CHALLENGE [SUBMIT STORY](#)



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Project Kamleang


Our girls receiving their hygiene kits for their workshopt

Leader Name: Chu Yuan
22-01-2022 to 21-02-2022

[Cambodia](#) [Rotary Club of Singapore](#) [YEP-GO](#)

A Singapore Government Agency Website

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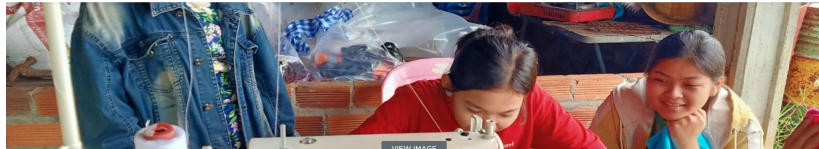
Project Kamleang - Hunger Poverty

Group Photo during our first Zoom interaction with our beneficiaries and local partner, Learning Journeys Cambodia Foundation

Leader Name: Tan Hui Yi
17-10-2021 to 19-12-2021

A Singapore Government Agency Website

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YEP-GO Health Poverty

One of our beneficiaries tried her hand at using the sewing machine under the guidance and supervision of an experienced seamstress

Leader Name: Ng Kai Qing
19-08-2021 to 31-12-2021

[Cambodia](#) [Rotaract Club](#) [YEP-GO](#)



Project Kamleang

- Basic Education and Literacy
- Economic and Community Development



Project Kamleang (Budget & Funding)

#	Category	Description	Supplier	Cost in KHR	Cost in USD
1	Project management	Project management, assessment, monitoring, evaluation (12 months)	Li Cambodia	960000	240
2	Supplies	Training/Project implementation	Multiple	8100000	2025
3	Operations	Contingency (10%)	Li Cambodia	2560000	6400
4	Tuition	Train the trainer course (10 participants) X 2 classes	Angkor Children Hospital, Build Bright University & Li Cambodia	2888000	7220
5	Tuition	Class fee for instructor & tutors (1 year) (30 participants) X 10 classes = 300 participants	Angkor Children Hospital, Build Bright University & LJ Cambodia	12896000	32240
6	Supplies	Banner, backdrop	Multiple	600000	150
7	Supplies	Books, stationery, awards	Multiple	2000000	500
8	Supplies	Uniform	Multiple	1440000	3600
9	Supplies	Vocational training equipment	Multiple	8000000	2000
10	Supplies	Family day venue support, snacks, water	Multiple	2600000	650
11	Supplies	Bicycles	Multiple	4200000	10500
Total budget:				26210000	65525

#	Source	Details	Amount (USD)	Support*	Total
1	Cash from district	3310	2,000.00	100.00	2,100.00
2	Cash from Club	Phnom Penh	200.00	10.00	210.00
3	District Designated Fund (DDF)	3310	10,000.00	0.00	10,000.00
4	District Designated Fund (DDF)	3350	2,000.00	0.00	2,000.00
5	Cash from Club	Raffles City	5,000.00	250.00	5,250.00
6	Non-Rotarian contributions with NO match from TRF	Heng Tan	20,000.00	1,000.00	21,000.00

*Whenever cash is contributed to the Foundation to help fund a global grant project, an additional 5 percent is applied to help cover the cost of processing these funds. Clubs and districts can receive Paul Harris Fellow recognition points for the additional expense.

How much World Fund money would you like to use on this project?

You may request up to 9,600.00 USD from the World Fund.

Funding Summary

DDF contributions:	12,000.00
Cash contributions:	7,200.00
Financing subtotal (matched contributions + World Fund):	19,200.00
Non-Rotarian contributions with NO match from TRF:	20,000.00
Total funding:	39,200.00
Total budget:	65,525.00

5

Year Plan



Year Plan

- Project Kamleang (On-going)
- Fellowship with Sister District (Throughout the year. Dates, TBC)
- Engaging with overseas counterparts (End of the year. Dates, TBC)
- Monthly Engagement Sessions

6

Q&A

<https://www.rotaractdistrict3310.org/district-3310-resource-page>

- Awards (Citations, District Awards)
- District & Club Administrative Materials
- Training Workshop Slides
- Rotary International (Handbook, Logo Guidelines)
- District 3310 Newsletters





Contact Information

Name: Syahrul Azali Bin Mohammad Azlan

Phone Number: +65 9772 5244

Email: spsyahrul28@gmail.com

FB: Syahrul Azali

IG: SYAHRULAZALI

Linkedin: <https://www.linkedin.com/in/syahrul-azali-uncharteddreams>



Syahrul Azali Details



Contact Information

Name: Koh Ying Cong

Phone Number: +65 9878 3727

Email: kohyingcong@gmail.com

FB: Ying Cong

IG: YINGCONGG

Linkedin: <https://www.linkedin.com/in/koh-ying-cong/>



Rotaract District 3310 International Service
Directors' Telegram Channel

WANT TO FIND OUT MORE ABOUT ROTARACT D3310?



www.rotaractdistrict3310.org



linkedin.com/company/rotaractd3310



[@RotaractD3310](https://facebook.com/RotaractD3310)



[@racd3310](https://instagram.com/racd3310)



tinyurl.com/d3310whatsapp



tinyurl.com/d3310CEG



discord.gg/CYREC4f

Instructions for Day 2

Join us at **10am** at the same Zoom Link!

District Leaders Meeting will start at **3:50pm** (For all Rotaract Club Presidents and BOD)